

2025 High School Edmonton Zone Final - 2025-05-22
Foote Field, Edmonton

Metro - Records

1	Women 100 Metre Dash Junior	12.11	2018-05-24	Hannah Heise - Memorial
2	Women 200 Metre Dash Junior	24.07	2012	Morgan Christensen - Bellerose
3	Women 400 Metre Dash Junior	56.87	2013	Kendra Clarke - Holy Trinity
4	Women 80 Metre Hurdles 78cm 30" §	11.43	2004	Elizabeth Iginla - Strathcona
5	Women 800 Metre Run Junior	2:10.27	1997	Tanya Wright - Beaumont
6	Women 1500 Metre Run Junior	4:37.74	2024-05-23	Mary MacLean - Mother Marg.Mary
7	Women 3000 Metre Run Junior	10:02.71	2019-05-14	Sadie Sigfstead - Strathcona High
8	Women Long Jump Junior	5.68m	1982	Joanne Otto - Strathcona
9	Women Triple Jump Junior	11.40m	2014	Kory White - Strathcona
10	Women High Jump Junior	1.69m	1978	Lynda McGargar - Archbishop MacDonald
11	Women Pole Vault Junior	2.82m	2015-05-20	Lauren Ellis - Edm:Ross Sheppar
12	Women Shot Put 3 kg Junior	12.77m	2014	Gabrielle Rains - Bev Facey
13	Women Discus Throw 1 kg Junior	37.50m	1979	Sandy Ketterer - St. Joseph
14	Women Javelin Throw 500g 220-230	40.97m	2024-05-14	Ryann Markham - Beaumont Comp.
15	Women 100 Metre Dash Intermediate	11.61	2013-05-15	Natasha Brown - J.H. Picard
16	Women 200 Metre Dash Intermediate	24.92	2013-05-22	Natasha Brown - J.H. Picard
17	Women 400 Metre Dash Intermediate	54.00	2014	Kendra Clarke - Holy Trinity
18	Women 80 Metre Hurdles 78cm 30" §	11.18	2004	Heather Bergland - St. Francis Xavier
19	Women 800 Metre Run Intermediate	2:12.33	2025-05-22	Mary MacLean - Strathcona High
20	Women 1500 Metre Run Intermediate	4:38.45	2025-05-13	Mary MacLean - Strathcona High
21	Women 3000 Metre Run Intermediate	10:16.46	1998	Tara Struyk - Jasper Place
22	Women Long Jump Intermediate	5.40m	2017-05-16	Kiara Tan - Lillian Osborne
23	Women Triple Jump Intermediate	11.69m	2023-05-26	Addison Lauer - Lillian Osborne
24	Women High Jump Intermediate	1.66m	1985	Andrea Donaldson - J. Percy Page
25	Women Pole Vault Intermediate	3.40m	2023-05-09	Anastasia Kostyrko - Strathcona High
26	Women Shot Put 3 kg Intermediate	12.87m	2019-05-23	Allie Ruptash - Strathcona High
27	Women Discus Throw 1 kg Intermedi	43.53m	2015-05-20	Gabrielle Rains - Bev Facey
28	Women Javelin Throw 500g 220-230	40.91m	2025-05-12	Andrea Jacob - Ohpaho
29	Women 100 Metre Dash Senior	12.10	2014-05-21	Natasha Brown - J.H. Picard
30	Women 200 Metre Dash Senior	25.09	2023-05-26	Dianna Proctor - Strathcona High
31	Women 400 Metre Dash Senior	56.60	1987	Teresa Rich - Bonnie Doon
32	Women 80 Metre Hurdles 84cm 33" §	11.63	2005	Heather Bergland - Strathcona
33	Women 800 Metre Run Senior	2:13.90	2005	Raeleen Hunter - Beaumont
34	Women 1500 Metre Run Senior	4:44.38	2005	Sophie Trageser - Archbishop MacDonald
35	Women 3000 Metre Run Senior	9:55.06	1999	Tara Struyk - Jasper Place
36	Women Long Jump Senior	5.49m	2003	Eve Kosik - St. Albert Catholic
37	Women Triple Jump Senior	11.90m	2016-05-17	Kory White - Strathcona High
38	Women High Jump Senior	1.70m	2016-05-17	Kory White - Strathcona High
39	Women Pole Vault Senior	3.30m	2024-05-14	April Kippers - ParklandImmanuel
40	Women Shot Put 4 kg Senior	13.62m	1981	Sandy Ketterer - St. Joseph
41	Women Discus Throw 1kg Senior	46.14m	2016-05-17	Gabrielle Rains - Bev Facey
42	Women Javelin Throw 600g 220-230	38.52m	2024-05-23	Kendra Justice - Vimy Ridge
43	Men 100 Metre Dash Junior	10.56	2001	Tyler O'Gorman - Strathcona
44	Men 200 Metre Dash Junior	22.31	2025-05-13	Benny Allangba - JH Picard
45	Men 400 Metre Dash Junior	50.05	1985	Neil Chomos - Archbisop O'Leary
46	Men 100 Metre Hurdles 84cm 33" 8.:	13.69	2015-05-20	Lewis Collin - Edmonton Chr
47	Men 800 Metre Run Junior	1:58.77	1991	Jason Wesolosky - Strathcona
48	Men 1500 Metre Run Junior	4:08.04	1985	Jamie Flower - Ross Sheppard
49	Men 3000 Metre Run Junior	9:04.00	1992	Matt Pearce - Eastglen
50	Men Long Jump Junior	6.63m	2025-05-14	Maddon Pagee - Harry Ainlay
51	Men Triple Jump Junior	14.11m	1983	Dexter Amour - M.E. Lazerte
52	Men High Jump Junior	2.02m	2018-05-24	Ajou Ajou - Harry Ainlay
53	Men Pole Vault Junior	3.90m	1994	Darcy Molstad - Strathcona
54	Men Shot Put 5 kg Junior	13.34m	2024-05-14	Tiege King - St Joseph Edm
55	Men Discus Throw 1.5 kg Junior	37.88m	2024-05-14	Tiege King - St Joseph Edm
56	Men Javelin Throw 700g 260-270 Ju	50.10m	2017-05-16	Kimo Perry - Lillian Osborne
57	Men 100 Metre Dash Intermediate	10.77	2015-05-20	Kudakwashe Murasiranwa - Holy Trinity

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58	Men 200 Metre Dash Intermediate	21.79	2016-05-17	Austin Cole - Salisbury Comp.
59	Men 400 Metre Dash Intermediate	49.10	1993	Jason Wesolosky - Strathcona
60	Men 100 Metre Hurdles 84cm 33" 8.:	13.22	2001	Colin Ambsbaugh - Harry Ainlay
61	Men 800 Metre Run Intermediate	1:55.60	1993	Jason Wesolosky - Strathcona
62	Men 1500 Metre Run Intermediate	4:03.10	1980	Chris Judge - Strathcona
63	Men 3000 Metre Run Intermediate	9:01.16	2016-05-17	Brandon Vail - Harry Ainlay
64	Men Long Jump Intermediate	6.86m	2016-05-17	Lewis Collin - Edmonton Christ.
65	Men Triple Jump Intermediate	13.81m	1994	Dewayne Douglas - Ross Sheppard
66	Men High Jump Intermediate	2.00m	2007	Isaac Tyler - Eastglen
67	Men Pole Vault Intermediate	4.40m	2006	Derek Theodore - Strathcona
68	Men Shot Put 5 kg Intermediate	14.07m	2025-05-12	Tiege King - ArchbishopOLeary
69	Men Discus Throw 1.5 kg Intermedia	44.96m	2023-05-10	Jayden Tieulie - Bev Facey
70	Men Javelin Throw 700g 260-270 Int	53.14m	2018-05-15	Kimo Perry - Strathcona
71	Men 100 Metre Dash Senior	10.46	2018-05-24	Malachi Murray - St. Francis Xavier
72	Men 200 Metre Dash Senior	20.92	2022-05-26	Daniel Kidd - ME Lazerte
73	Men 400 Metre Dash Senior	48.10	1987	Khane Bolster - Jasper Place
74	Men 100 Metre Hurdles 91cm 36" 8.:	13.02	2015-05-20	Callum Macnab - Strathcona
75	Men 800 Metre Run Senior	1:53.40	2014	Isaac Penner - Strathcona
76	Men 1500 Metre Run Senior	3:59.70	1980	Blair Rosser - Strathcona
77	Men 3000 Metre Run Senior	8:33.43	2004	Aaron Robson - Harry Ainlay
78	Men Long Jump Senior	7.10m	1987	Selwyn Taylor - Harry Ainlay
79	Men Triple Jump Senior	14.31m	1987	Oral Ogilvie - Harry Ainlay
80	Men High Jump Senior	2.12m	1998	Jesse Lipscombe - St. Albert Catholic
81	Men Pole Vault Senior	4.45m	1995	Brad Young - Strathcona
82	Men Shot Put 6 kg Senior	13.61m	2024-05-23	Nathan Pinno - FortSaskatchewan
83	Men Discus Throw 1.75 kg Senior	40.85m	2024-05-15	Nathan Pinno - FortSaskatchewan
84	Men Javelin Throw 800g 260-270 Se	52.30m	1979	Rick Magdziasz - Strathcona
85	Women 4x100 Metre Relay Junior	42.12	2002	Strathcona
86	Women 4x100 Metre Relay Intermed	50.40	1984	Harry Ainlay
87	Women 4x100 Metre Relay Senior	47.00	1982	Bonnie Doon
88	Men 4x100 Metre Relay Junior	42.12	2002	Strathcona
89	Men 4x100 Metre Relay Intermediate	43.34	1980	Jasper Place
90	Men 4x100 Metre Relay Senior	42.80	1987	Harry Ainlay
91	Women 4x400 Metre Relay Open	4:02.25	2025-05-22	Edm:Strathcona High - Strathcona High E Tetteh-Wayoe, M MacLean, S Tasic, A Omoyayi
92	Men 4x400 Metre Relay Open	3:32.01	2018-05-24	Edm:Strathcona High - Strathcona High N Cook, J Ushko, J Fenske, S Dixon
93	Women 100 Metre Dash Para Intellec	14.21	2025-05-14	Shadow Macdonald - Louis St Laurent
94	Women 100 Metre Dash AMB Para A	16.88	2025-05-13	Kyra Tymchuk - St FrancisXavier
95	Women 100 Metre Dash WC Para Wl	29.73	2018-05-24	Rheanna Douglass - E.AlexandreTache
96A	Women 200 Metre Dash AMB Para A	36.40	2025-05-13	Kyra Tymchuk - St FrancisXavier
96I	Women 200 Metre Dash Para Intellec	28.90	2025-05-14	Shadow Macdonald - Louis St Laurent
97	Women 200 Metre Dash WC Para Wl	58.09	2017-06-02	Britney Volkman - New Sarepta Comm
98	Men 100 Metre Dash Para Intellectual	12.64	2025-05-22	Colby Dyrland - L.Y. Cairns
99	Men 100 Metre Dash AMB Para Aml	18.74	2024-05-23	Steve Kiema - Louis St Laurent
99V	Men 100 Metre Dash AMB Para Visi	15.10	2025-05-22	Jersey Lake - L.Y. Cairns
100	Men 100 Metre Dash WC Para Whee	27.74	2017-06-03	Hunter Graves - Raymond
01A	Men 200 Metre Dash AMB Para Aml	28.42	2016-06-03	Sinjin Soper - Medicine Hat
101I	Men 200 Metre Dash Para Intellectual	26.83	2025-05-13	Nathaniel Vega - L.Y. Cairns
01V	Men 200 Metre Dash Para Vision	31.76	2025-05-22	Jersey Lake - L.Y. Cairns
102	Men 200 Metre Dash WC Para Whee	54.49	2017-06-02	Hunter Graves - Raymond
11A	Women Shot Put AMB Para Ambulat	7.03m	2016-06-03	Torie Langdale - Mayerthorpe
111I	Women Shot Put Para Intellectual	6.49m	2025-05-22	Shadow Macdonald - Louis St Laurent
11V	Women Shot Put Para Vision	1.87m	2025-05-13	Isabelle Orena - StOscarRomero
112	Women Shot Put WC Para Wheelcha	3.38m	2019-05-23	Rheanna Douglas - E.AlexandreTache
13A	Men Shot Put AMB Para Ambulatory	7.90m	2017-05-16	Gregory Hamp - McNally Comp.
113I	Men Shot Put Para Intellectual	10.60m	2019-05-14	Brandon Wall - BlessOscarRomero

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13V Men Shot Put Para Vision	5.70m	2025-05-13	Jasey Lake - L.Y. Cairns
114 Men Shot Put WC Para Wheelchair	7.18m	2017-06-02	Hunter Graves - Raymond
151 Women 300 Metre Hurdles Open	42.96	2018-05-15	Julia Lovsin - St Peter Apostle
152 Men 300 Metre Hurdles Open	38.22	2018-05-24	Scott Dixon - Strathcona High
301 Mixed 100 Metre Dash Non-Binary C	13.12	2024-05-23	Bradley Paquette - Paul Kane
501 Women Outdoor Pentathlon Open	2839	2019-05-23	Venus Sabourin - Victoria School
501 Pent: #1 Women 100m OP	13.34	2022-05-26	Reese Hjertaas - Vimy Ridge
501 Pent: #2 Women HJ OP	1.59m	2019-05-23	Venus Sabourin - Victoria School
501 Pent: #3 Women SP 3 kg OP	10.16m	2024-05-15	Anaka Weber - Salisbury Comp.
501 Pent: #4 Women LJ OP	4.72m	2019-05-23	Riley Andruchow - Paul Kane
501 Pent: #5 Women 800m OP	2:28.32	2024-05-15	Anaka Weber - Salisbury Comp.
502 Men Outdoor Pentathlon Open	3081	2023-05-10	Mick Besko - Jasper Place
502 Pent: #1 Men 100m OP	11.33	2019-05-16	Rob Fidler - Harry Ainlay
502 Pent: #2 Men HJ OP	1.85m	2019-05-16	Rob Fidler - Harry Ainlay
502 Pent: #3 Men SP 5 kg OP	12.37m	2023-05-10	Aaron Parker - Bev Facey
502 Pent: #4 Men LJ OP	6.14m	2023-05-10	Mick Besko - Jasper Place
502 Pent: #5 Men 800m OP	2:09.09	2023-05-26	Mick Besko - Jasper Place
510 Men Heptathlon UnifyBanner Unifier	1040	2025-05-22	Juenp / Chris Kach / Matiello - Austin O'Brien
510 Hept: #1 Men JT 500g Turbo UNI	26.31m	2023-05-26	Tristan/Mark Steinhauer/Zuniega - StOscarRomero
510 Hept: #2 Men JT 500g Turbo UNI	25.86m	2024-05-14	Eric Kim Morris Manigos - StOscarRomero
510 Hept: #3 Men LJ Athlete UNI	4.28m	2025-05-22	Kaine / Kaylna Kowai / Danilak - Austin O'Brien
510 Hept: #4 Men LJ Partner UNI	5.15m	2025-05-22	Carson / Morris Jackman / Manigos - StOscarRomero
510 Hept: #5 Men 400m Athlete UNI	1:14.09	2025-05-22	Kaine / Kaylna Kowai / Danilak - Austin O'Brien
510 Hept: #6 Men 400m Partner UNI	1:01.29	2025-05-22	Juenp / Chris Kach / Matiello - Austin O'Brien
601 Mixed 4x400 Metre Relay Open	3:45.96	2023-05-26	Edm:Paul Kane - Paul Kane A Paterson, C Francis, G Paterson, E Frost